



14th Annual Quad City Championships

June 11 – 13, 2010

Test Session:
June 10 or 11
Followed by events through June 13

Hosted by:
**The Figure Skating Club
of the Quad Cities**

To be held at:
The Quad City Sports Center
700 W. River Drive
Davenport, IA 52802
(563)322-5220 ext. 24

Web site: www.fscqc.org
For more information, please contact:

E-MAIL PREFERRED
Susan Schwaegler
309-764-2738
SDSCHWAEG@aol.com

Karen Doy, 6-8 PM only
309-949-2249 or ksd55@geneseo.net

Rosemary Olt
wheaton61@gmail.com
(563) 355-1709

International Judging System
Will be used on Singles & Pairs
Free Skate and Short Programs
Juvenile/Open Juvenile through Senior levels



Referee
Devon Beck

Accountant
Ed Mann

Tentative List of Officials

Chief Referee: Devon Beck

Chief Accountant: Ed Mann

Judges include:

Jan Anderson
Darlene Michael

Sandy Bowen
Katherine Nicoll

Barb Goodrich
Mary Pottenger

Rick Kern
Jan Scott

Wendy Meck
Hope Wheeler

Mary Anne McGivern
Sue Williams

Rules and Eligibility

The 2010 Quad City Championships is a U.S. Figure Skating sanctioned, non-qualifying competition and will be conducted under the rules that apply to the 2010-2011 competitive season. Any rule changes made at the May 2010 Governing Council will apply at this competition. Skaters must be eligible persons registered as members of U.S. Figure Skating and may compete at their test level or one level higher as of April 15, 2010. **Ages are as of April 15, 2010.**

Events Offered:

Basic Skills: Snowplow Sam through Basic 8; Elements, Program with Music, Artistic (See separate entry form.)

Free Skating: Well-Balanced Program – No Test through Senior; Adult Pre-Bronze, Bronze, Silver, Gold
Competitive Test Track – Limited Beginner through Senior

Short Program: Juvenile through Senior

Championship Events: Pre-Juvenile through Senior

Pairs: Pre-Juvenile through Senior; Adult Bronze, Silver, Gold

Spins: Pre-Preliminary through Senior; Adult Pre-Bronze, Bronze, Silver, Gold (IJS used for Juvenile through Senior)

Jumps: Pre-Preliminary through Senior; Adult Pre-Bronze, Bronze, Silver, Gold

Compulsory Moves: Beginner – Juvenile; Adult Pre-Bronze, Bronze, Silver, Gold

Open Pairs and Ensembles No gender, age, or level restrictions

Singles Artistic: Beginner through Senior; Adult

Solo Dance: Preliminary through Gold (Ages and genders combined)

IJS (International Judging System) will be used on all Free skate and short programs Juvenile/Open Juvenile through Senior Levels. A planned elements sheet must be included with your entry, preferably completed online at www.usfsa.org . 6.0 judging will be used for all other events, including Test Track events.

Facility

The Quad City Sports Center is located at 700 West River Drive, Davenport, Iowa. (563)322-5220 The World Arena measures 100' x 200'.

Entry Form Deadline

All entry forms for the 2010 Quad City Championships must be postmarked by April 15, 2010. The use of metered postage is **NOT** acceptable. Any application postmarked after April 15, 2010 will be considered a late entry. Late entries ARE accepted at the discretion of the competition committee as well as the chief referee. A \$35.00 late fee will be charged. A \$25 fee will be charged for any changes made after the closing date. In the event of limitations on the size of events, entries with earlier postmarks will receive priority. **No refunds will be made after the deadline on April 15, 2010** unless the event is cancelled or closed due to a large number of entries.

Entry Fees

Basic Skills: see Basic Skill entry form

Championship Event: **Must be entered as first event.**

Pre-Juvenile (free skate only) \$80.00; Juvenile (free skate only) \$85.00

Intermediate through Senior (combined short program and free skate) \$105.00

Any other first singles event (Free Skating, Short Program, Compulsory, Spins, Jumps, Artistic, Dance):

\$80.00 if 6.0, \$85.00 if IJS (If doing Dance ONLY, first TWO dances count as first event.)

Each additional singles event: \$25

Skaters are allowed and encouraged to enter both the Championship and separate Short Program and Free Skating events.

Pairs: The fee is (\$40.00 Pre-Juvenile, Juvenile, Intermediate, Adult) (\$50.00 Novice, Junior, Senior) for each pair partner if that event is the individual's only event. **If it is their second event the fee is \$25.00 for each partner.**

Open Pair and Ensembles: \$25.00 per skater in pair or ensemble.

ALL APPLICATIONS for pairs or ensembles must arrive together.

Two entries will be sufficient to hold an event.

There is a \$35.00 service charge for returned checks.

ENTRY FEES must accompany each application. Checks should be made payable to: **Figure Skating Club of the Quad Cities. MAIL COMPLETED ENTRY FORMS & ENTRY FEES, with a self-addressed, stamped envelope TO REGISTRAR: Rosemary Olt, 2070 Greenview Ct., Bettendorf, IA 52722**

Groups

A large number of entries in some events will be divided into groups as follows: Beginner through Juvenile and Open Juvenile will be grouped by birth date. Intermediate through Senior events and Championship events will be grouped by random draw. Beginner through Open Juvenile; Free Skate, Compulsory Moves and all Spins, Jumps, Duets and Trios, and Artistic events with insufficient entries at a particular level may combine groups of male and female and entrants will be judged together.

Single Entrants

In the event of a single entrant for an event, the skater will be contacted and offered the choice of a refund or skating for a critique (and IJS numbers if applicable). Events may be combined at the referee's discretion.

No refunds will be made after the closing date.

No refunds for any reason will be given after the entry deadline of April 15, 2010. If you must scratch one or more events, please notify the competition committee or registration desk.

Practice Ice

Reserved Practice Ice: Skaters may reserve up to three (3) sessions in advance. A practice ice order form is included with this announcement.

Additional Practice Ice: Check at the Practice Ice Desk upon your arrival for additional practice ice sessions. Sessions will be sold on a first come, first served basis only.

No music will be played on practice ice. Practice ice price is \$15.00 for each 30 minute session of singles events, \$15.00 per skater for partner events. Refer to the enclosed Practice Ice form for additional information. Please fill out the Practice Ice request form completely. Final round practice ice will be reserved and those skaters qualifying will be given the opportunity to purchase it.

Music

Competitors must provide music on **CD (no CDRW)**. CD should be of good quality with only one piece of music per CD.

Clearly mark the competitor's name and event on CD. Music should be turned in at the time of registration. A duplicate copy should be available rink side during the competition. CDs should be picked up at the registration desk before you leave. The FSC Quad Cities and the Quad City Sports Center are not responsible for CDs that are lost or damaged and they will not be mailed back. **If entering both Championship events and separate FS/SP events, submit a separate copy of music for each event.**

Photography and Video

Photography services (still photography CDs) by Kevin Phelan will be available again this year. Video services may be available if entries permit. You will be notified of available services with your mailed schedule. If you will be videotaping, please be considerate of others and do so from the top of the stands. No flash photography is permitted in the ice arena. The use of ice arena power sources is prohibited.

Critique

A critique will be offered to skaters who compete "Long Program" in Intermediate through Senior levels. There is no additional charge for the critique which will be by one qualified judge and/or technical panel member immediately following the event. **The skater must sign up for the critique in advance when they check in at Registration.**

Awards

Non-championship events will be divided into groups when necessary and medals will be presented to the top three places in each group. Basic Skills, Beginner, Pre-Preliminary, and Preliminary competitors will receive medals for the top three places and ribbons to all other places. Championship events will receive trophies for the top four places in the final round only. Awards will be presented off ice at the awards table immediately following completion of the event and posting of the results. Pictures will be taken at this time.

Official Notices

An official bulletin board will be maintained at the Quad City Sports Center. It is the responsibility of each competitor, parent and coach to check the board frequently for any schedule changes and additional information.

Registration Desk

There will be a Registration Desk in the main lobby. The registration desk will be open approximately 1 hour prior to the start of the competition each day and will remain open throughout the competition. **Skaters must check in at least 1 hour prior to the start of their event.**

Additional Information

A test session is planned for June 10 or 11, 2010 (form available on www.fscqc.org). Dates and events of the competition are subject to the number of entrants. The entry form is enclosed and available at www.fscqc.org. Any additional information, changes, or corrections will be posted on the web site. For further information or questions regarding the competition, email us if possible. All non-local calls will be returned collect.

Registrar:	Rosemary Olt	E-Mail:	wheaton61@gmail.com	phone:	563-355-1709
Co-chairs:	Susan Schwaegler	E-mail:	SDSCHWAEG@aol.com	phone:	309-764-2738
	Karen Doy	E-mail:	ksd55@geneseo.net	phone:	309-949-2249 (6-8 PM only)

Championship Singles Events

Pre-Juvenile & Juvenile: Free Skate Only. Should entries call for initial rounds, you will do your Free skate program. If you advance to the final round, you will perform your Free skate program a second time.		
Intermediate – Senior: The championship event is a combined event consisting of the Short and Free skate programs. Should entries call for initial rounds, they will consist of both the Short and Free Skate programs, with the final round consisting of the Free Skate program only. Elements for the Short program will be the same as those specified for the 2010-2011 competitive season in the 2009-2010 U.S. Figure Skating Rulebook.		
Pre-Juvenile – Senior The chief referee will determine the number of skaters advancing from the initial rounds to the championship round.		
Pre-Juvenile	Required elements as stated in 3690, 3691.	2:00 +/- 10 sec.
Juvenile Free Skate	Required elements as stated in 3680, 3681. IJS will be used. (Cannot exceed 12 years of age on 4/15/10.)	2:15 +/- 10 sec.
Intermediate Short Program Intermediate Free Skate	Required elements as stated in 3670, 3671. IJS will be used. Required elements as stated in 3670, 3672. IJS will be used. (Cannot exceed 17 years of age on 4/15/10.)	2:00 Max 2:30 +/- 10 sec.
Novice Short Program Novice Free Skate	Required elements as stated in 3660, 3661, 3662. IJS will be used. Required elements as stated in 3660, 3663. IJS will be used.	2:30 Max Men & Ladies 3:30 +/- 10 sec. Men 3:00 +/- 10 sec. Ladies
Junior Short Program Junior Free Skate	Required elements as stated in 3650, 3651, 3652. IJS will be used. Required elements as stated in 3650, 3653. IJS will be used.	2:50 Max Men & Ladies 4:00 +/- 10 sec. Men 3:30 +/- 10 sec. Ladies
Senior Short Program Senior Free Skate	Required elements as stated in 3640, 3641, 3642. IJS will be used. Required elements as stated in 3640, 3643. IJS will be used.	2:50 Max Men & Ladies 4:30 +/- 10 sec. Men 4:00 +/- 10 sec. Ladies

Free Skating Events – Well Balanced Program

Event	Elements	Time
No Test	No USFS free skate tests passed. Required elements as stated in 3721. NO AXELS OR DOUBLE JUMPS. No age limit.	1 min. 30 sec. (or less)
Limited Pre-Preliminary	Passed no higher than Pre-Preliminary free skate test. Same as Pre-Preliminary, but NO AXELS OR DOUBLE JUMPS. Required elements as stated in 3711. Under age 21.	1 ½ minutes +/- 10 seconds
Pre-Preliminary	Passed no higher than Pre-Preliminary free skate test. Axel allowed, no double jumps. Required elements as stated in 3711. Under age 21.	1 ½ minutes +/- 10 seconds
Preliminary	Passed no higher than Preliminary free skate test. Required elements as stated in 3700, 3701. Under age 21.	1 ½ minutes +/- 10 seconds
Pre-Juvenile	Pre-Juvenile FS but no higher. Required elements as stated in 3690, 3691. Must be under 13 years of age on April 15, 2010	2:00 minutes +/- 10 seconds
Open Pre-Juvenile	Pre-Juvenile FS but no higher. Required elements as stated in 3690, 3691. Must be at least 13 years of age on April 15, 2010.	2 minutes +/- 10 seconds
Juvenile	Juvenile FS but no higher. Required elements as stated in 3680, 3681. Must be under 13 years of age on April 15, 2010. IJS will be used	2 minutes 15 seconds +/- 10 seconds
Open Juvenile	Juvenile FS but no higher. Required elements as stated in 3680, 3681. Must be at least 13 years of age on April 15, 2010. IJS will be used	2 minutes 15 seconds +/- 10 seconds
Intermediate	Intermediate FS but no higher. Required elements as stated in 3670, 3672. Must be under age 18 on April 15, 2010. IJS will be used	2:30 +/- 10 seconds
Novice	Novice FS but no higher. Required elements as stated in 3660, 3663. IJS will be used	Men 3:30 +/- 10 sec. Ladies 3:00 +/- 10sec.
Junior	Junior FS but no higher. Required elements as stated in 3650, 3653. IJS will be used	Men 4:00 +/- 10 sec. Ladies 3:30 +/- 10 sec.
Senior	Senior FS but no higher. Required elements as stated in 3640, 3643. IJS will be used	Men 4:30 +/- 10 sec. Ladies 4:00 +/- 10 sec.
Adult Pre-Bronze	Passed Adult Pre-Bronze free skating test and no higher, or meets test requirements as stated in 3805. Required elements as stated in 3806. No lutzes, axels, double jumps, or flying spins permitted. 21 years of age or older as of 4/15/10.	Men & Ladies 1:40 Max
Adult Bronze	Passed Adult Bronze free skating test and no higher, or meets test requirements as stated in 3800. Required elements as stated in 3801. No axels, double jumps or flying spins are permitted. 21 years of age or older as of 4/15/10.	Men & Ladies 1:40 Max
Adult Silver	Passed the Adult Silver free skating test and no higher, or meets test requirements as stated in 3790. Required elements as stated in 3791. 21 years of age or older as of 4/15/10.	Men & Ladies 2:10 Max
Adult Gold	Passed the Adult Gold free skating test, or meets test requirements as stated in 3780. Required elements as stated in 3781. 21 years of age or older as of 4/15/10.	Men & Ladies 2:40 Max

Short Program Events

IJS will be used

Intermediate - Senior	Short Program required elements are as prescribed by U.S. Figure Skating for the 2010-2011 competitive season.	
Juvenile Short Program	Juvenile Short Program will be offered following the same rules as the Intermediate Short Program. Required elements as stated in 3670, 3671.	2:00 Max

Free Skating Events - Competitive Test Track

Skaters may enter EITHER the Competitive Test Track free skate program OR the Well-Balanced free skate program, but NOT BOTH. Vocal music is permitted. 6.0 will be used. Deductions will be made for including technical elements not permitted in the event description, from EACH mark for each technical element included that is not permitted in the event description, from the technical mark for each extra or lacking element, and for any spin with less than the required revolutions.

Level	Elements	Qualifications	Time
Limited Beginner	Two upright spins, no change of foot (min. 3 revolutions), jumps with not more than on-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	1:40 max
Beginner	Two upright spins, change of foot optional (min. 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	1:40 max
Pre-Preliminary	Two spins held in one position only of a different nature, no change of foot (min. 3 revolutions and no flying spins), jumps with not more than one rotation (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Pre-Preliminary free skate test.	1:40 max
Preliminary	Two spins of a different nature, combination spins allowed (min. 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the USFS Pre-Preliminary free skate test but may not have passed tests higher than USFS Preliminary free skate test.	1:30 +/- 10
Pre-Juvenile/Open Pre-Juvenile	Three spins in any position (min 3 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the USFS Preliminary free skate test but may not have passed tests higher than USFS Pre-Juvenile free skate test.	2:00 +/- 10
Juvenile/Open Juvenile	Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1 1/2 rotation. (Axel permitted.) Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing the ice surface.	Skaters must have passed at least the USFS Pre-Juvenile free skate test but may not have passed tests higher than USFS Juvenile free skate test.	2:15 +/- 10
Intermediate	Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing the ice surface.	Skaters must have passed at least the USFS Juvenile free skate test but may not have passed tests higher than USFS Intermediate free skate test.	2:30 +/- 10
Novice	Three spins in any position (min 6 revolutions), one must be a combination spin with at least one change of foot (min 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow, double toe loop and the double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements for men and 6 for ladies.. One step or spiral sequence (see Rule 3660 for description).	Skaters must have passed at least the USFS Intermediate free skate test but may not have passed tests higher than USFS Novice free skate test.	Ladies 3:00 +/- 10; Men 3:30 +/- 10
Junior	Three spins – one must be a spin in one position, on a flying spin (6 revolutions each) and one spin combination consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). Any single jumps. Double jumps may only be the double Salchow, double toe loop, double loop and double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. One step sequence of advanced difficulty, covering the full ice surface (see Rule 3650 for description).	Skaters must have passed at least the USFS Novice free skate test but may not have passed tests higher than USFS Junior free skate test.	Ladies 3:30 +/- 10; Men 4:00 +/- 10
Senior	Three spins: One must be a spin in one position, one a flying spin (6 revolutions each), and one spin combination consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). At least four different double jumps; one must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the USFS Junior free skate test.	Ladies 4:00 +/- 10; Men 4:30 +/- 10

Pairs Short Program & Free Skate

Program Requirements are according to the 2010-2011 season, as specified in the 2009-2010 U.S. Figure Skating Rule Book.

Event	Elements	Time
Pre-Juvenile	Under 14 years of age. Requirements as listed in 4090, 4091.	FS 2:00 +/- 10 seconds
Juvenile	Under 16 years of age. Requirements as listed in 4080, 4081. IJS will be used.	FS 2:30 +/- 10 seconds
Intermediate	Under 18 years of age. Requirements as listed in 4070, 4071. IJS will be used.	FS 3:00 +/- 10 seconds
Novice	Requirements as listed in 4060, 4061, 4062. IJS will be used.	SP 2:30 Max. FS 3:30 +/- 10 sec.
Junior	Requirements as listed in 4050, 4051, 4052. IJS will be used.	SP 2:50 Max. FS 4:00 +/- 10 sec.
Senior	Requirements as listed in 4040, 4041, 4042. IJS will be used.	SP 2:50 Max. FS 4:30 +/- 10 sec.
Adult Bronze	Test and Age Requirements as listed in 4124, 4125. At least 21 years of age.	FS 2:10 Max
Adult Silver	Test and Age Requirements as listed in 4122, 4123. At least 21 years of age.	FS 2:40 Max
Adult Gold	Test and Age Requirements as listed in 4120, 4121. At least 21 years of age.	FS 3:10 Max

Compulsory Moves

Eligibility is the same as for Free Skating. Compulsory moves are skated **without music**. The specified moves may be done in any order, but must be skated exactly as described. An axel is a single jump. Connecting steps must be distinguishable from a footwork sequence. Events/genders may be combined, based on the number of entries, at the discretion of the referee. Beginner – Pre-Juvenile & Open Pre-Juvenile, Adult Pre-Bronze & Bronze will utilize **half the ice surface**. Juvenile & Open Juvenile, Adult Silver & Gold will utilize the **full ice surface**. **NOTE: Juvenile free skaters may enter EITHER the Juvenile Compulsory Moves event OR the Juvenile Short Program but NOT BOTH.**

Event	Elements	Time
No Test	1) Waltz jump, 2) ½ Flip or ½ lutz, 3) One Foot Upright Spin (3 rev. min.), 4) Forward Spiral, 5) Salchow	1:00 max.
Pre-Preliminary	1) Flip, 2) Single/Single Jump Combination (no axel), 3) Sit Spin (3 rev. min.), 4) Forward outside spiral, 5) Split Jump	1:00 max.
Preliminary	1) Single jump (Axel permitted), 2) Single/Single Jump Combination (may not repeat above jump), 3) Camel Spin (3 rev. min.), 4) Forward Inside Spiral, 5) Straight Line Footwork Sequence	1:00 max.
Pre-Juvenile	1) Lutz, 2) Flip, 3) Single/Single Jump combination (one being a loop), 4) Combination Spin with only one change of position and no change of foot (6 rev. total min.), 5) Ina Bauer, Spiral, or Spread Eagle. Age 12 or younger.	1:30 max.
Open Pre-Juvenile	Same elements as Pre-Juvenile.	1:30 max.
Juvenile	1) Axel, 2) Single/Single or Double/Single Jump Combination, 3) Ladies - Layback or Attitude Spin (4 rev. min.), Men – Camel Spin (4 rev. min.), 4) Circular Footwork Sequence, 5) Combination Spin with one change of foot and one change of position. Age 12 or younger.	1:30 max.
Open Juvenile	Same elements as Juvenile	1:30 max.
Adult Pre-Bronze	1) Half Lutz, 2) Waltz Jump, 3) One Foot Spin (3 rev. min.), 4) Lunge or Forward Spiral.	1:30 max.
Adult Bronze	1) Salchow, 2) Waltz Jump/Toe Loop Jump Combination, 3) Sit Spin (3 rev. min.), 4) Forward Spiral	1:30 max.
Adult Silver	1) Loop, 2) Single/Single combination, 3) Camel Spin (3 rev. min.), 4) Forward Outside or Inside Spiral	1:30 max.
Adult Gold	1) Axel, 2) Single/Single Jump Combination, 3) Split, Stag, Falling Leaf, or Half Loop, 4) Combination Spin consisting of one change of foot and at least one change of position (4 rev. min. on each foot)	1:30 max.

Spins

1. **Age** and test requirements are the same as for Free Skate Events.
2. All levels will be skated on ½ **ice without music**.
3. Spins must be skated exactly as stated, but may be skated in any order.
4. Connecting moves and short sequences of footwork may be used between spins and will not be judged.
5. Spins shall be skated in a **simple program** with no extra or repeated elements.
6. Events/genders may be combined, based on the number of entries, at the discretion of the referee.

Event	Elements	Time
No Test/Pre-Preliminary	1) Two foot spin (3 rev. min.), 2) One foot upright spin (3 rev. min.), 3) One foot upright back spin (3 rev. min.)	1:00 or less
Preliminary	1) Forward scratch spin (3 rev. min.), 2) One foot upright back spin, (3 rev. min.), 3) Forward sit spin (3 rev. min.)	1:00 or less
Pre-Juvenile Open Pre-Juvenile	1) Forward camel spin (3 rev. min.), 2) Forward camel to forward sit spin (6 rev. total min.), 3) Forward scratch to back scratch spin (4 rev. min. each foot)	1:30 or less
Juvenile Open Juvenile	1) Forward sit spin (4 rev. min.), 2) Ladies – Layback or attitude spin (4 rev. min.) Men – Camel spin (4 rev. min.), 3) Combination spin with one change of foot, change of position optional (4 rev. min. each foot)	1:30 or less
Intermediate	1) Sit spin to back sit spin (4 rev. min. each foot), 2) Flying camel spin (5 rev. min.), 3) Combination spin with only one change of foot and only one change of position (4 rev. min. each foot)	1:30 or less
Novice	1) Flying spin (6 rev. min.), 2) Forward camel to back camel spin (4 rev. min. each foot), 3) Combination spin with only one change of foot and only 2 changes of position (5 rev. min. each foot)	1:30 or less
Junior	1) Flying sit spin or flying change sit spin (8 rev. min.), 2) Layback or cross foot spin (6 rev. min.), 3) Combination spin consisting of 3 positions and only one change of foot (6 rev. min. each foot)	1:30 or less
Senior	1) Flying spin (8 rev. min.), 2) Combination spin with at least 2 positions and at least 1 changes of foot (10 rev. min.)	1:30 or less
Adult Pre-Bronze	1) Two foot upright spin (3 rev. min.) 2) One foot upright spin (3 rev. min.)	1:30 or less
Adult Bronze	1) One foot upright spin (4 rev. min.), 2) One foot upright back spin (3 rev. min.), 3) Forward sit spin (3 rev. min.)	1:30 or less
Adult Silver	1) Forward camel spin (3 rev. min.), 2) Forward sit spin (3 rev. min.), 3) Combination spin with one change of position, no change of foot (3 rev. min. each position)	1:30 or less
Adult Gold	1) Forward sit spin (4 rev. min.), 2) Ladies - Layback or attitude spin (4 rev. min.) Men – Camel spin (4 rev. min.), 3) Combination spin with one change of foot, change of position optional (4 rev. min. each foot)	1:30 or less

Jumps

Age and test requirements are the same as listed under Free Skate. Jumps must be skated EXACTLY as stated. This event does NOT involve a program. An Axel will be considered a single jump. Skaters will be given two opportunities to perform each jump and will be judged on the better of the two. Each skater will perform the first jump, with two attempts if needed, then the subsequent jump(s) in the same manner. Where there is a choice of jumps, the second attempt must be the same jump. Skater cannot change their mind for the second attempt. Events/genders may be combined, based on the number of entries, at the discretion of the referee.

Event	Elements	Ice
No Test/Pre-Preliminary	No higher than Pre-Preliminary free skating test. 1) Salchow. 2) Single/Single combination (No Axels)	Half ice
Preliminary	1) Flip 2) Combination jump consisting of any single with a loop jump.	Half ice
Pre-Juvenile/ Open Pre-Juvenile	1) Axel. 2) Choice of any double jump.	Half Ice
Juvenile/Open Juvenile	1 Axel. 2) Double/Single combination jump.	Full ice
Intermediate	1) Axel. 2) Double Loop or Double Flip. 3) Double/Single Combination jump.	Full ice
Novice	1) Double Loop. 2) Double Lutz. 3) Double/Double Combination jump.	Full ice
Junior	1) Double Loop. 2) Double Lutz. 3) Double/Double or Triple/Double Combination jump.	Full ice
Senior	1) Double Lutz. 2) Double Axel 3) Double/Double or Triple/Double Combination jump.	Full ice
Adult Pre-Bronze	1) ½ Flip. 2) Toe Loop.	Half Ice
Adult Bronze	1) Salchow. 2) Waltz jump/Toe Loop	Half Ice
Adult Silver	1) Loop. 2) Flip 3) Single/Single combination jump.	Half Ice
Adult Gold	1) Axel. 2) Lutz. 3) Single/Single combination jump.	Full ice

Artistic

Eligibility is the same as for Free Skating events. Choice of music (vocals allowed) is up to the skater. Themed costumes are encouraged, but not required. Props that do not alter the ice surface are allowed, provided the skater alone can get them on and off the ice within 30 seconds. Judging will be based on originality, creativity, and musical interpretation which characterized the mood of the music. Jumps and spins will be judged on their artistic merit in the program, not on technical difficulty. Events/genders may be combined, based on the number of entries, at the discretion of the referee.

Event	Elements	Time
No Test	No test passed. No axel or double jumps. Three jump maximum.	1:40 or less
Pre-Preliminary	Pre-Preliminary test passed. No axel or double jumps. Three jump maximum.	1:40 or less
Preliminary	Preliminary free skating test passed. No axel or double jumps. Three jump maximum.	1:40 or less
Pre-Juvenile/Open Pre-Juv.	Pre-Juvenile free skating test passed. No axel or double jumps. Three jump maximum.	1:40 or less
Juvenile/Open Juvenile	Juvenile free skating test passed. No double jumps. Three jump maximum.	
Intermediate	Intermediate free skating test passed. Three jump maximum.	2:10 or less
Novice	Novice free skating test passed. Three jump maximum.	2:10 or less
Junior	Junior free skating test passed. Three jump maximum.	2:40 or less
Senior	Senior free skating test passed. Three jump maximum.	2:40 or less
Adult Pre-Bronze & Bronze	Three jump maximum.	1:40 or less
Adult Silver & Gold	Three jump maximum.	1:40 or less

Open Pairs and Ensembles

No restrictions as to gender, age, or skating level.	A fun event open to any two to six skaters who want to present a pair or ensemble program. No restrictions as to gender, age, or skating level. The music selection can be any style, with or without vocals. No lifts are permitted. The judges will be looking for good unison and original choreography. Skaters will be divided into Pairs and Ensembles.	1.5 to 2.0 minutes
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Solo Dance

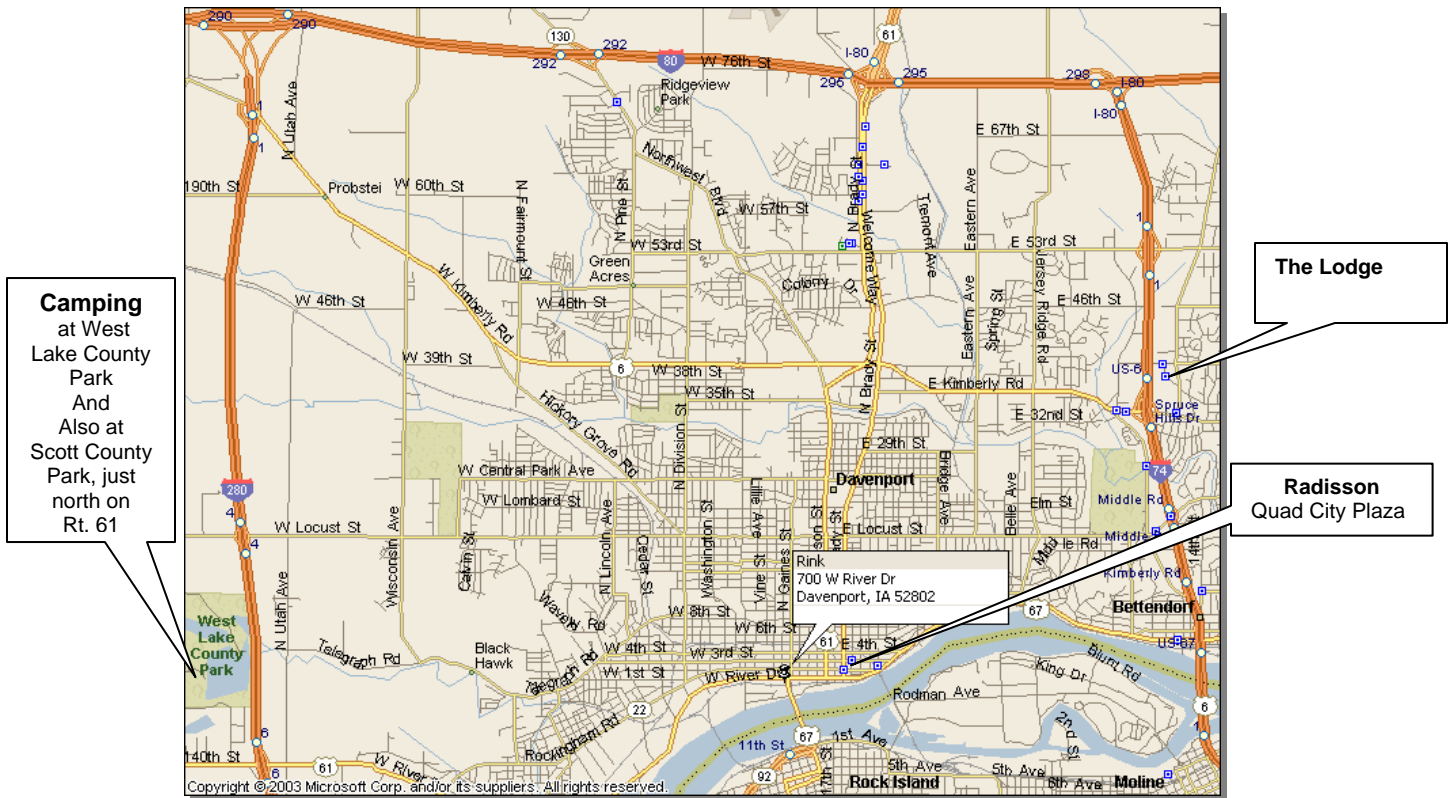
- Requirements for Dance shall be those set forth in the 2010 Official USFS Rulebook for the 2010-2011 competition season. All solo dances will be judged with the 6.0 scoring system. The number of patterns required is indicated after each dance.
- Skaters may enter as many dances as they wish. Each dance is a separate event.
- Skaters may skate up as high as they wish, but may not skate down from their test level.
- There must be a minimum of two entrants in an event for a competition to be held. Ladies and men will be grouped together for solo dance events.

Level	Dance 1	Dance 2	Dance 3
Preliminary	Dutch Waltz - 2	Canasta Tango - 2	Rhythm Blues - 2
Pre-Bronze	Swing Dance - 2	Cha Cha - 2	Fiesta Tango - 2
Bronze	Hickory Hoedown - 2	Willow Waltz - 2	Ten Fox - 2
Pre-Silver	14 Step - 3	European Waltz - 2	Foxtrot - 2
Silver	American Waltz - 2	Tango - 2	Rocker Foxtrot - 2
Pre-Gold	Blues - 2	Paso Doble - 3	Starlight Waltz - 2
Gold	Viennese Waltz - 2	Quickstep - 3	Argentine Tango - 2

Hotels and Map

Hotel	Address	Phone	Price
The Lodge	900 Spruce Hills Dr. Bettendorf, IA 52722	563-359-7141 1-866-690-4006	\$60 + TX
Radisson Quad City Plaza	111 E. 2 nd Street Davenport, IA 52802	563-322-2200	\$89.00 + TX

For more Quad City information go to www.visitquadcities.com
 The Figure Skating Club of the Quad Cities web site is: www.fscqc.org



**The Quad City Sports Center is at the intersection of Gaines Street and River Drive
 At 700 W. River Drive
 Davenport, IA 52802
 563-322-5220**

2010 Quad City Championships – June 11-13, 2010

Entries must be **postmarked** by April 15, 2010

Applications available on Web: www.fscqc.org

Partners must complete separate entry forms. Please print or type.

Competitor Name		(Age as of 4/15/10) Age: Sex: F M		Birth Date (mm/dd/yy)	
Address:			E-mail:		
City:		State:		Zip:	Phone: ()
Home Club:			USFS #		
Primary Coach's Name:			Coach's Home Phone: ()		
Coach's USFS #:			Coach's E-mail:		
Coach's Address:		City:		State:	Zip:
Highest Test Passed:					
Free Skate:		MIF:		Pairs:	
Pair Partner:			Pair Partner birth date:		
Ensemble Members:					

Please check the event(s) you are entering very carefully. Circle the event(s) you wish to enter.

<u>CHAMPIONSHIP</u>	<u>WELL BALANCED</u>	<u>TEST TRACK</u>	<u>JUMP EVENTS</u>	<u>SPIN EVENTS</u>
Pre-Juvenile FS	No Test	Limited Beginner	No Test/Pre-Pre	No Test/Pre-Pre
*Juvenile FS	Limited Pre-Preliminary	Beginner	Preliminary	Preliminary
*Intermediate SP & FS	Pre-Preliminary	Pre-Pre Test	Pre-Juvenile	Pre-Juvenile
*Novice SP & FS	Preliminary	Preliminary Test	Open Pre-Juvenile	Open Pre-Juvenile
*Junior SP & FS	Pre-Juvenile	Pre-Juvenile Test	Juvenile	Juvenile
*Senior SP & FS	Open Pre-Juvenile	Juvenile Test	Open Juvenile	Open Juvenile
<u>PAIR EVENTS</u>	*Juvenile	Intermediate Test	Intermediate	Intermediate
Pre-Juvenile FS	*Open Juvenile	Novice Test	Novice	Novice
*Juvenile FS	*Intermediate	Junior Test	Junior	Junior
*Intermediate FS	*Novice	Senior Test	Senior	Senior
*Novice SP & FS	*Junior	<u>ARTISTIC SINGLE</u>	Adult Pre-Bronze	Adult Pre-Bronze
*Junior SP & FS	*Senior	No Test	Adult Bronze	Adult Bronze
*Senior SP & FS	Adult Pre-Bronze	Pre-Preliminary	Adult Silver	Adult Silver
Adult Bronze FS	Adult Bronze	Preliminary	Adult Gold	Adult Gold
Adult Silver FS	Adult Silver	Pre-Juv/Open Pre-Juv	<u>OPEN PAIRS/ENSEMBLES</u>	<u>COMPULSORY MOVES</u>
Adult Gold FS	Adult Gold	Juv/Open Juv	All ages/genders/levels	No Test
	<u>SHORT PROGRAM</u>	Intermediate	<u>SOLO DANCE</u>	Pre-Preliminary
Include Planned Program Content Sheets for Open Juvenile through Senior Free Skate, Short Program, Championship, and Pair events. We prefer that you do this online at www.usfsa.org .	*Juvenile	Novice	Preliminary 1 2 3	Preliminary
	*Intermediate	Junior	Pre-Bronze 1 2 3	Pre-Juvenile
	*Novice	Senior	Bronze 1 2 3	Open Pre-Juvenile
	*Junior	Adult Pre-Bronze/Bronze	Pre-Silver 1 2 3	Juvenile
	*Senior	Adult Silver/Gold	Silver 1 2 3	Open Juvenile
			Pre-Gold 1 2 3	Adult Pre-Bronze
			Gold 1 2 3	Adult Bronze
				Adult Silver
				Adult Gold

* IJS Event
BE SURE TO COMPLETE BOTH SIDES OF APPLICATION.

Authorization by Club Officer

I hereby approve the entry of _____ (skater's name) into the 2010 Quad City Championships. I further certify that he/she is a member in good standing of our club and has passed the appropriate tests to skate the events entered.

Club Officer:	
Signature:	
Title: (Pres., VP, Secretary, Treasurer or Test Chair Only)	Phone # ()
Club (No abbreviation Please):	

Authorization by Competitor and Parent/Guardian

I, _____, am an eligible skater, under the rules of United States Figure Skating, to enter the above events. I agree to hold harmless US Figure Skating, the Figure Skating Club of the Quad Cities, and the Quad City Sports Center from any and all loss, damages and /or injury that may be sustained in any manner while participating in any activities of this competition. I agree to abide by the US Figure Skating Code of Conduct.

I understand no refunds will be given for any reason after the deadline of April 15, 2010. I understand a \$35.00 charge for returned or stop payment check will be assessed.

Competitor's Signature:	Date:
Parent/Guardian's Signature: (If competitor is under age 18)	Date:

Authorization by Primary Coach

I have reviewed and approve the entry of this skater in the indicated events.

Coach's Name:	
Coach's Signature:	Date:

Make checks payable to: Figure Skating Club of the Quad Cities. Mail completed form, self-addressed, stamped envelope and entry fee check to: Rosemary Olt, 2070 Greenview Ct., Bettendorf, IA 52722
For additional information visit the FSCQC web site at www.fscqc.org . Check the Quad City Championships tab for updates.

FEES

		Totals
Championship Events: Pre-Juvenile & Juvenile (Free Skate Only) If entered, must be entered as first event.	\$85.00 Juvenile \$80.00 Pre-Juvenile	
Championship Events: Intermediate through Senior (Combined SP & FS) If entered, must be entered as first event.	\$105.00	
Any other first singles event 6.0: Free Skate, Short Program, Spins for Pre-Juv/Open Pre-Juv and below; also Jumps, Artistic, Solo Dance, Open Pairs/Ensembles (If ONLY doing Dance, 1 st TWO dances count as 1 st event.) IJS: Free Skate, Short Program, Spins for Juvenile/Open Juvenile and above	\$80.00 if 6.0 \$85.00 if IJS	
Each additional event	\$25 x # of additional events	
Pairs: Intermediate and below; Adults	\$40.00 each partner \$25 each if second event	
Pairs: Novice and above	\$50.00 each partner \$25 each if second event	
Open Pairs/Ensembles	\$25.00 each skater	
Late fee (If application is postmarked after 4/15/10 and accepted – no metered mail)	\$35.00	
Make checks payable to: FIGURE SKATING CLUB OF THE QUAD CITIES	TOTAL:	

2010 Quad City Championships Entry Form

2010 Quad City Championships Advance Practice Ice Request Form

Please print or type.

Competitor's Name:			USFS #
Address:			
City:	State:	Zip:	Home Phone: ())
E-mail address:			Cell Phone: ())
Coach's Name:	Coach's phone: ())	Coach's E-mail:	
Estimated Date & Time of arrival:			

- **Reserved Practice Ice:** Skaters may reserve up to three (3) sessions in advance using this form.
- **Deadline for Advance Practice Ice Reservations:** April 15, 2010.
- **Additional Practice Ice:** Check at the Practice Ice Desk upon you arrival for additional practice ice sessions. Sessions will be sold on a first come, first served basis only.
- No music will be played on practice ice.
- Practice ice price is \$15.00 for each 30 minute session of singles events, \$15.00 per skater for pair events.
- Final round practice ice will be reserved and those skaters qualifying will be given the opportunity to purchase it.
- Scheduled pre-paid practice ice is not refundable and may not be sold to other skaters. Any pre-paid practice ice request without payment will not be filled. Returned checks will be assessed a \$35.00 surcharge.

Level/Levels of events entered:				
Circle # of Singles sessions desired:	1	2	3	X \$15.00 each = \$
Circle # of Pair sessions desired:	1	2		X \$15.00 each skater = \$
Circle # of Open Pair/Ensemble sessions desired:	1	2		X \$15.00 each skater = \$
Pair/Open Pair/Ensemble name(s):				

Complete this form and mail, with check or money order made payable to: Figure Skating Club of the Quad Cities.

Submit to:

Rosemary Olt, Practice Ice
2070-Greenview Ct.
Bettendorf, IA 52722
(563)355-1709
wheaton61@gmail.com

Rosemary will be out of town from May 27 through June 6.
You may still send mail or email during this time period.

